

(Part 1) Dissociation: When Fighting and Fleeing is Just Not an Option

(Part 2) Dissociation Can Save a Child's Life

By Annie Monaco, LCSW, RPT-S



For many who first enter the field of dissociation and trauma, there is often not a great deal of information that describes the how children, teens and young adults are utilizing dissociative strategies in their daily life.

Part 1: The first webinar will provide information on how early attachment wounds from caregivers leads to dissociation and included are actual statements by dissociative child clients and caregivers who are witnessing the dissociative episodes. Detailed symptoms and case examples are included, using the categories of behavioral, emotional, cognitive, and physical and how these symptoms appears in the client's everyday life including the therapists' office. Informational web-based material is provided so a therapist can provide an understanding of dissociation and its' use of strategies to caregivers, teachers, and children and how these symptoms are displayed at home, school and in the community. The webinar provides understanding how dissociation strategies are often mis-diagnosed in children/teens as well as providing the most effective screening tools available to therapists.

Part 2: The second webinar teaches you about dissociated parts of self with basic information on structural dissociation and understanding victim self-states, protective and perpetrator parts with case examples and how to distinguish among them. Also included is a detailed script of questions to ask caregivers, teachers, extended family so the therapist can gather information and assess for lapses in consciousness, imaginary friends and amnesia as well as a secondary gain of teaching what dissociation symptoms look like in the child. In addition, there are questions to ask the client to understand how much the child is dissociating and how to begin to meet the parts of self. *If EMDR trained, this can be used in Preparation Phase of EMDR.*

This workshop is intended for EMDR therapists, other trauma therapies, experienced practitioners and emerging professionals who are interested in learning about the fundamentals of dissociation as a distinct response to trauma. For EMDR therapists, these interventions are intended for use in Phase 2.

You do not have to be EMDR trained to purchase the self-paced webinars.

Learning Objectives and Content

Webinar 1

- Explain the function of dissociation in complex trauma as it presents in an office of a child, teen and/or play therapist setting.
- Distinguish between behavioral, emotional, cognitive and physical dissociative features from the client's presentation of symptoms.
- Utilize web-based information and screening tools to provide education to caregivers and schools.
- Distinguish between diagnosis of dissociation and other common disorders.

Webinar 2

- Distinguish between self-states: victim, protective and perpetrator parts of self
- Recognize dissociation theory and utilize interviewing questions to gather information and educate caregivers about problematic behaviors through the lens of dissociation.
- Apply interviewing questions to children and teens for evaluation of client's behaviors and assessment of dissociative symptoms.

Annie Monaco, LCSW, RPT-S, is an EMDR basic trainer and consultant that travels extensively throughout the US and internationally. She provides advanced training on Attachment and Dissociation in children and teens, and in her private practice she specializes in dissociation, foster care, out of country adoption and offenders.



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