Taking a Play-based Trauma History with Children and Youth

Self-paced Video Training

Appropriate for child therapists, play therapists and EMDR therapists (including social workers, psychologists, counselors at all levels of experience)

Clinicians who work with children who have been exposed to trauma and adversity often have a treatment plan which includes an effort to help the child to digest these experiences through exposure to the adverse events, whether through a trauma focused approach to play therapy or a trauma protocol such as EMDR or a combination of these. One of the challenges is to use play therapy techniques to develop a shared experience and language for this history as the initial step toward later reprocessing. This 2-hour learning module for clinicians offers an example of using a playful story and props to guide that process in a manner that will be well tolerated by the child. This "Bowl of Light" story-based intervention is appropriate for play therapy individualized assessment and EMDR (in Phase 1).

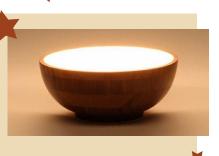
Learning Objectives and Content

1. Describe 3 goals of the history gathering process with child clients in both play therapy and trauma protocols such as EMDR

2. Explain the steps in using a playful story and props in the process of identifying targets for trauma therapy without overwhelming the child.

3. Describe 3 ways the therapist can apply play therapy techniques to contain distress from the history gathering process and involve caregivers.

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as both a play therapy Approved Provider and an EMDR Trainer and Consultant. She is co-editor and contributor to EMDR with Children in the Play Therapy Room: An Integrated Approach (2020).

Grievances

We are happy to respond to any concerns or questions you may have. Please contact playfulemdr@gmail.com and write "EMDR and Play Therapy" in the subject line of the email.



Continuing Education Hours

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- This training does not offer ASWB ACE credit to social workers.
- Florida Certification Board
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ADA Accommodations

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Cancellation

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- APT Approved Provider 15-406. 2 non-contact play therapy CEs in the area of skills and methods. Play therapy credit will not be granted to non-mental health professionals.
- EMDRIA Credit Approval Number: #18007-DL80

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There are no known conflicts of interests for this workshop