

Taking a Play-based Trauma History with Children and Youth

Self-paced Video Training

Appropriate for child therapists, play therapists and EMDR therapists (including social workers, psychologists, counselors at all levels of experience)

Clinicians who work with children who have been exposed to trauma and adversity often have a treatment plan which includes an effort to help the child to digest these experiences through exposure to the adverse events, whether through a trauma focused approach to play therapy or a trauma protocol such as EMDR or a combination of these. One of the challenges is to use play therapy techniques to develop a shared experience and language for this history as the initial step toward later reprocessing. This 2-hour learning module for clinicians offers an example of using a playful story and props to guide that process in a manner that will be well tolerated by the child. This "Bowl of Light" story-based intervention is appropriate for play therapy individualized assessment and EMDR (in Phase 1).

Learning Objectives and Content

1. Describe 3 goals of the history gathering process with child clients in both play therapy and trauma protocols such as EMDR
2. Explain the steps in using a playful story and props in the process of identifying targets for trauma therapy without overwhelming the child.
3. Describe 3 ways the therapist can apply play therapy techniques to contain distress from the history gathering process and involve caregivers.

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NY is a co-founder of Playful EMDR, an online hub for training and consultation in treating trauma-exposed children

as both a play therapy Approved Provider and an EMDR Trainer and Consultant. She is co-editor and contributor to *EMDR with Children in the Play Therapy Room: An Integrated Approach* (2020).



Grievances

We are happy to respond to any concerns or questions you may have. Please contact playfulemdr@gmail.com and write "EMDR and Play Therapy" in the subject line of the email.

ADA Accommodations

If you require any support for your ADA needs, please contact playfulemdr@gmail.com. Please write "EMDR and Play Therapy" in the subject line of the email.

Cancellation

All purchases of distance learning modules are final and no refunds are available. Please check CE details before purchase.



Cost: \$55

Continuing Education Hours

CE-Classes.com is approved for 2 CEs by:

- The American Psychological Association (APA) CE-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. CE-Classes.com maintains responsibility for this program and its content.
- This course is NOT available for NBCC credit
- This training does not offer ASWB ACE credit to social workers.
- Florida Certification Board
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 3/31/2025
- The Florida Board of Nursing (CE Provider #:50-4896) Expires 10/31/2024 Do not send certificates to the Florida Board of Nursing. You must keep this certificate for 4 years.
- The California Board of Behavioral Sciences. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements.
- The California Board of Registered Nursing. CEP 15647 Expires 11/30/2024.
- California Consortium of Addiction Programs and Professionals (CCAPP) Provider Number OS-12-174-0225 Expires 02-2025
- The Texas Board of Social Work Examiners – CE-Classes.com meets the requirements for acceptable continuing education

- The Texas Board of Professional Counselors – CE-Classes.com meets the requirements for acceptable continuing education
- Massachusetts Authorization Number: (TBD)
- Ohio Counselor, Social Worker and Marriage and Family Therapist Board – Approval from a state licensing board for counselors, social workers, marriage and family therapists is accepted by the OH CSWMFTB.
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- New York Psychology Board CE-Classes.com, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0211
- APT Approved Provider 15-406. 2 non-contact play therapy CEs in the area of skills and methods. Play therapy credit will not be granted to non-mental health professionals.
- EMDRIA Credit Approval Number: #18007-DL80

Certificates are awarded online after completion of the workshop. Participants print their own certificate after registering at CE-Classes.com, entering a keycode, and completing a post-test and evaluation form. Licensed Professionals should contact their regulatory board to determine course approval

There are no known conflicts of interests for this workshop