

Chicago | April 26-28, 2024 | In-person

## Location:

DoubleTree by Hilton Hotel  
Chicago - North Shore  
Conference Center in  
Skokie, Illinois, just  
minutes from O'Hare

# Playful EMDR with Children and their Caregivers

Parents and Caregivers as  
"Co-Therapists" in Processing



**Cost: \$349**

## Click here to register

Join Annie Monaco and Ann Beckley-Forest of Playful EMDR in Chicago for the debut of our new Intermediate level course for child and teen therapists integrating EMDR with the therapeutic powers of play.

In this specialty training at the intermediate/advanced level, the focus will be on how to incorporate parents in the therapy room as essential partners to resolve traumatic memories. Attachment wounds and caregivers' mis-attuned responses to adversity are a common source of the kinds of traumatic material that can be hard to heal. We will describe (and even show via video clips) sessions which highlight attachment repair-focused play therapy and EMDR, and play-based dissociation interventions to manage challenges for trauma-exposed children and their parents and caregivers.

**Prerequisite:** Completion of EMDR basic training; Prior experience of EMDR with children/teens a plus

15 CEs total  
15 EMDRIA CEs  
11 Play Therapy CEs



## Some key features

- Practice interview scripts to assess for attachment challenges, dissociation and psychoeducation with caregivers in complex cases.
- Gestalt play therapy inspired interventions for preparation phase and attachment interweaves.
  - Engage caregivers in helping to repair the harm of attachment wounds.
  - Support EMDR therapy with children throughout all eight phases and how to seamlessly integrate EMDR with the approaches you already use.
  - Workshop will include video clips, transcripts and opportunities to practice interventions.
- Smaller, in-person training means more time for your case related questions and brainstorming with Ann and Annie.

## Schedule

### Friday 4/26

12:30 - 5:00pm (One 30 min break)

### Saturday 4/27

9:00am - 5:00pm (Two 15 min breaks and one hour for lunch)

### Sunday 4/28

9:00am - 3:30pm (One 15 min break, one hour lunch and end early)

## Description

- Apply an in-depth attachment history of caregivers to assess for early attachment wounds and disruptions and the impact on their parenting.
- Describe an in-depth attachment history of the child to identify attachment wounds.
- Describe play-based animal archetypes to identify 8 adaptation strategies children use to cope with complex trauma and describe ways to employ these in the playroom as part of an extended preparation phase.
- Demonstrate how to use dissociation theory to educate parents about problematic behaviors.
- Demonstrate parent psychoeducation and coaching to support their highly dissociative children and engage hostile parts in sessions.
- Describe the EMDR storytelling approach and 3 examples of cases where it is used with preverbal trauma, medical trauma and attachment wounds and structures caregivers as a resource.
- Explain the EMDR storytelling method integrated with play therapy as an invitation to processing for children with a narrow window of tolerance for trauma work.
- Describe a targeting approach to the Phase 3 EMDR Assessment phase within the context of the child's post-traumatic play and symptoms.
- Describe 2 strategies to work effectively in play therapy with angry and hostile self-states to resolve traumatic experiences and reduce violent behaviors.
- Describe an example of using a family play therapy activity prescriptively to help caregivers recognize and respond to the child's needs for regulation and grounding.
- Describe 3 important considerations in integrating EMDR and play therapy in support of processing targets relating to racism, oppression and microaggressions in a case example of an adoptive family.

**Ann Beckley-Forest, LCSW, RPT-S**, is a Licensed Clinical Social Worker in private practice in Buffalo, New York. Her specialties include attachment and child and adolescent trauma, and she also works with adult survivors. She is certified in EMDR, is an EMDR Approved Consultant and Trainer, a Registered Play Therapist and Supervisor, and an Approved Provider of play therapy continuing education through the Association for Play Therapy. She provides consultation in person and remotely, and gives trainings across the US and internationally. Her primary interest is in the intersection of play therapy and EMDR and has published on this topic including as contributor and co-editor of *EMDR with Children in the Play Therapy Room: An Integrated Approach* (2020).

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**Annie Monaco, LCSW-R, RPT-S**, Child Trauma Institute & Trauma Institute and co-founder of Playful EMDR, an online hub for training and consultation in treating trauma-exposed children. Annie travels throughout the US and internationally providing a multitude of trauma-informed trainings and agency and therapist consultation. Annie is an EMDRIA approved trainer of EMDR, EMDR consultant and trainer of Progressive Counting. Annie also provides specialty trainings on attachment, dissociation, and EMDR with children and teens. Annie was a Director of Restorative Justice programs at a non-profit agency where she oversaw juvenile and adult offender programs for over 10 years. Presently her private practice includes a multitude of behaviors and issues including foster care, out of country adoptions, juvenile justice and dissociation. Annie is the co-editor and contributor of chapters for *EMDR with Children in the Play Therapy Room, An Integrated Approach* (2020).

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## Continuing Education Hours

CE-Classes.com is approved for 15 CE by:

- CE-Classes.com is the provider of (CEs)
- The American Psychological Association (APA) CE-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. CEClasses.com maintains responsibility for this program and its content.
- Florida Certification Board
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 3/31/2025
- The California Board of Behavioral Sciences. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements.
- California Consortium of Addiction Programs and Professionals (CCAPP) Provider Number OS-12-174-0225 Expires 02-2025
- The Texas Board of Social Work Examiners – CE-Classes.com meets the requirements for acceptable continuing education
- The Texas Board of Professional Counselors – CE-Classes.com meets the requirements for acceptable continuing education
- Massachusetts Authorization Number: (TBD)
- Ohio Counselor, Social Worker and Marriage and Family Therapist Board - Approval from a state licensing board for counselors, social workers, marriage and family therapists is accepted by the OH CSWMFTB.
- New York Social Work Board – CE-Classes.com is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0120.
- New York Mental Health Practitioners Board CE-Classes.com, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0260.
- New York Psychology Board CE-Classes.com, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0211
- The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2024 Do not send certificates to the Florida Board of Nursing. You must keep this certificate for 4 years.
- The California Board of Registered Nursing. CEP 15647 Expires 11/30/2024.
- This course is NOT available for NBCC credit
- This training does not offer ASWB ACE credit to social workers
- Ann Beckley-Forest is APT approved provider 15-406. 11 contact CEs for Play Therapists available. Play therapy credit will not be offered to non-mental health professionals.
- EMDRIA Credit Approval Number: #18007-83

Certificates are awarded online after completion of the workshop. Participants print their own certificate after registering at CE-Classes.com, entering a keycode, and completing an evaluation form. Licensed Professionals should contact their regulatory board to determine course approval

## Location - Link for hotel

*DoubleTree by Hilton Hotel Chicago -  
North Shore Conference Center  
9599 Skokie Blvd,  
Skokie, IL 60077*

This program is being offered concurrently with the Expressive Therapy Summit Midwest conference. Discounted room block (\$149/night) is available in cooperation with ETS.

**PHONE IN FOR RESERVATIONS: 847-679-7000**  
Group Name: Expressive Therapy Summit



## ADA Accommodations

If you require any support for your ADA needs, please contact at least 3 weeks prior to the event at [playfulemdr@gmail.com](mailto:playfulemdr@gmail.com). Please write "EMDR and Play Therapy" in the subject line of the email.

**Cost: \$349**

## Cancellation

No refunds after the starts of the program. There will be a \$100 fee for those cancelling 10 or fewer days prior to the start of the workshop.

## Grievances

We are happy to respond to any concerns or questions you may have. Please contact us at [playfulemdr@gmail.com](mailto:playfulemdr@gmail.com) and write "EMDR and Play Therapy" in the subject line of the email.

There is no known commercial support for this program. Potential conflict of interest: The presenters helped develop and are investors in the "Allmee" dissociation therapy doll which is mentioned during this training.