

EMDR Therapy Training

The Complete Course, including the required consultation

Hybrid Training: Virtual/In-person
Zoom and Cary, NC

See below for dates and times EST (NY)
Sept 2024 through Jan 2025

All dates mandatory. Payment plan available.

Early bird : August 1st, 2024

Last date to register : August 10th, 2024

Presented by

TRAUMA INSTITUTE &
CHILD TRAUMA INSTITUTE



Ricky Greenwald, PsyD, Executive Director

EMDRIA Approved

55 Contact Hours, 50 CE's

Limited to 50 participants

Trainers: Annie Monaco, LCSW-R

Ann Beckley-Forest, LCSW-R

For therapists
working with all
ages, both kids
and adults



Questions?

Contact Annie Monaco at (716) 289-2037
or monaco.training.center@gmail.com.

Why EMDR?

EMDR is an evidence-based practice as listed by SAMHSA.

The American Psychiatric Association, the International Society for Traumatic Stress Studies, the US Department of Veterans Affairs

and Department of Defense designated EMDR as a treatment of choice for Post Traumatic Stress.

90% of mental health clients have experienced multiple traumas in their life.

How is this program different from other EMDR trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and features:

- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 55 contact hours over several months to support mastery; 50 CE's
- Two full pre-EMDR days on trauma treatment approach and interventions.
- Small group breakouts
- Instructor to participant ratio of at least 1:10.
- Text book and other materials included.
- Competitive cost. Follow-up group consultation sessions included.
- Attachment, Dissociation, and Child Modules included

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, and part of the learning is to practice the interventions with other participants.

Who may attend?

EMDR Therapy training is open to master level mental health professionals who are licensed (certified or registered) by their state for independent practice and have a caseload

to practice the therapy while in the course. This training is also open to mental health professionals on a licensure track, with a letter of support from their supervisor.

Trainers



Annie and Ann are the co-editors and chapter contributors of the book *EMDR and Children in the Play Therapy Room: An Integrated Approach*.

Annie Monaco, LCSW, RPT-S, is an EMDR Instructor, Consultant and faculty member of TI/CTI. Annie travels extensively throughout the US and internationally providing a multitude of trauma-informed trainings and specializes in dissociation, foster care, out of country adoption and offenders.



Ann Beckley-Forest, LCSW-R, RPT-S is an EMDR Instructor, Consultant and faculty member of TI/CTI. Her specialties include attachment and child and adolescent trauma. She is a registered play therapist and supervisor and approved provider of play therapy continuing education.



Lisa Prefontaine, MS, LMHC is an Instructor, Consultant of TI/CTI. Her therapeutic specialties include EMDR, DBT, Co-occurring disorders, Perinatal disorders, Sensorimotor Psychotherapy, Ego State/Parts work, Complex Trauma, and Brainspotting.

What will I learn?

Participants will be able to:

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a session that is not going smoothly.
- Use EMDR with a wide range of clients whose presenting problems are in some way related to trauma and/or loss.
- Integrate EMDR into a comprehensive trauma-informed treatment approach.

Continuing Education Credit

CE information for all professional disciplines can be found at <https://www.anniemonaco.com/trainings/emdr-trainings>.

Trauma Institute & Child Trauma Institute are an approved provider for Psychologists, LPC's, LMFT, SW, LCATS and Psychoanalysts.

LIVE Online Training

Dates and Times - All times EST (NY)

Virtual via Zoom

September 10th & 11th, 2024	10:00am-6:00pm
September 12th, 2024	10:00am-2:00pm
December 4th & 11th, 2024	10:00am-2:00pm
January 8th & 15th, 2025	10:00am-2:00pm

In-person Cary, NC

October 24th & 25th, 2024	9:00am-5:00pm
October 26th, 2024	9:00am-1:00pm
October 28th & 29th, 2024	9:00am-5:00pm

Location: Horizon Integrated Wellness Group, PLLC
120 Towerview Court, Cary, NC 27513

Cost

Early Bird Rate, until August 1st, 2024: \$1,725

Regular Rate, after August 1st, 2024: \$1,900

Final Day to Register is August 10th, 2024

CE credits are included in the price of this course for licensed registrants. A payment plan is available. Please contact Annie Monaco for details: monaco.training.center@gmail.com

Registration

[Register online here](#). All dates and pre-reading are mandatory. A caseload is required. Pre-approval from Annie Monaco is required prior to registration: (716) 289-2037 or monaco.training.center@gmail.com.

Textbooks

Greenwald, R. (2007). *EMDR Within A Phase Model Of Trauma-Informed Treatment*. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition*. NY: Guilford. (Not included)