

# Advanced EMDR Training:

*Dissociation and Wounded Attachment in Children and Teens: Creative and Playful Ways of Treating Complex Trauma*



## Training Highlights

- Learn a storytelling approach that both supports trauma reprocessing and helps position caregivers as a resource
- Learn playful RDI strategies to enhance and support EMDR preparation and reprocessing
- Learn play and art-based tools and approaches that allow dissociative parts of self to emerge during preparation for trauma work
- Learn how to work with aggressive, suicidal and perpetrator parts of self in all ages of youth

**September 19th-21st**

9am-4:30pm & final day will be 9am-12:15pm

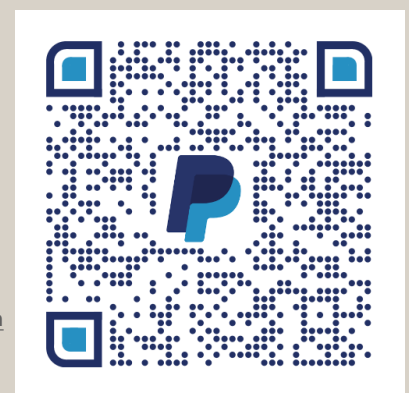
3100 Oak Street, Las Cruces, NM 88005

- ▶ In-person ONLY
- ▶ Basic EMDR Training is a Pre-Requisite for this course

Questions:

[bpatch@amistadnm.com](mailto:bpatch@amistadnm.com)

575.523.2288



# Training Description

Ann Beckley-Forest and Annie Monaco are experienced EMDR therapists and credentialed play therapists treating complex cases of resistant child and teen clients who have significant attachment wounds and are using dissociative strategies to cope. This 2.5 day in-person training combines lecture with small group practice and experiential activities utilizing play therapy, sand tray, clay and art. The presenters also show video clips and transcripts of working with small children, pre-teens and teenagers and demonstrate flexible and adaptive use of the EMDR protocol. Creative and playful approaches are needed for treating complex youth who are often hard to engage, avoidant, and resistant to trauma work and have narrow windows of tolerance for working on their past wounds.

This training also expands an understanding of protective parts of self and how to engage caregivers in helping their child resolve traumatic experiences. The best standards for trauma work utilize interventions for children and teens drawn from the approaches of play therapy, attachment theory, polyvagal theory, dissociation theory and family systems theory. In addition, you'll receive a 30-page training curriculum that contains a child/teen focused case formulation worksheet, screening tools, modified EMDR protocols, and grounding and soothing strategies.



*The 15 Continuing Education Hours offered are APT approved (APT provider 15-406).*

*EMDRIA: Annie Monaco is an EC Provider: (18007) and this program (#18007-93) is approved for 15 EMDRIA Credits. Eligibility for EMDRIA Credits is restricted to those who have completed an EMDRIA-Approved Basic EMDR Training.*

**\*Early Bird Special \$350**

**Registration Cost after July 1st \$400**