

November - February 2024-25

# EMDR Therapy Training

The Complete Course, including the required consultation

Live Online Virtual Training via Zoom  
See below for dates and times EST (NY)  
All dates mandatory. Payment plan available.  
Early bird : September 20th, 2024  
Last date to register : October 5th, 2024

Presented by



Ricky Greenwald, PsyD, Executive Director

EMDRIA Approved  
55 Contact Hours, 50 CEs  
Limited to 50 participants  
Trainers: Lisa Prefontaine and  
Ann Beckley-Forest  
Special Guest: Annie Monaco

For therapists working with all  
ages, both kids and adults

## Questions?

Contact Annie Monaco at (716) 289-2037  
or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Why EMDR?

EMDR is an evidence-based practice as listed by SAMHSA.

The American Psychiatric Association, the International Society for Traumatic Stress Studies, the US Department of Veterans Affairs

and Department of Defense designated EMDR as a treatment of choice for Post Traumatic Stress.

90% of mental health clients have experienced multiple traumas in their life.

## How is this program different from other EMDR trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and features:

- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 55 contact hours over several months to support mastery; 50 CEs
- Two full pre-EMDR days on trauma treatment approach and interventions.
- Small group breakouts
- Instructor to participant ratio of at least 1:10.
- Text book and other materials included.
- Competitive cost. Follow-up group consultation sessions included.
- Attachment, Dissociation, and Child Modules included

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, and part of the learning is to practice the interventions with other participants.

## Who may attend?

EMDR Therapy training is open to master level mental health professionals who are licensed (certified or registered) by their state for independent practice and have a caseload

to practice the therapy while in the course. This training is also open to mental health professionals on a licensure track, with a letter of support from their supervisor.

Annie and Ann are the co-editors and chapter contributors of the book *EMDR and Children in the Play Therapy Room: An Integrated Approach*.

## Trainers

Ann Beckley-Forest, LCSW- R, RPT-S is an EMDR Instructor, Consultant and faculty member of TI/CTI. Her specialties include attachment and child and adolescent trauma. She is a registered play therapist and supervisor and approved provider of play therapy continuing education.



Lisa Prefontaine, MS, LMHC is an Instructor, Consultant of TI/CTI. Her therapeutic specialties include EMDR, DBT, Co-occurring disorders, Perinatal disorders, Sensorimotor Psychotherapy, Ego State/Parts work, Complex Trauma, and Brainspotting.



## Special Guest

Annie Monaco, LCSW, RPT-S is an EMDR Instructor, Consultant and faculty member of TI/CTI. Annie travels extensively throughout the US and internationally providing a multitude of trauma-informed trainings and specializes in dissociation, foster care, out of country adoption and offenders.



## What will I learn?

Participants will be able to:

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a session that is not going smoothly.
- Use EMDR with a wide range of clients whose presenting problems are in some way related to trauma and/or loss.
- Integrate EMDR into a comprehensive trauma-informed treatment approach.

## Continuing Education Credit

CE information for all professional disciplines can be [found here](#).

Trauma Institute & Child Trauma Institute are an approved provider for Psychologists, LPC's, LMFT, SW, LCATS and Psychoanalysts.

## LIVE Online Training

Dates and Times - All times EST (NY)

### Part I

November 5th & 6th, 2024

10:00am-6:00pm

November 7th, 2024

10:00am-2:00pm

### Part II

December 2nd, 3rd, 9th,  
10th, 2024

10:00am-6:00pm

December 11th, 2024

10:00am-2:00pm

January 9th & 23rd, 2025

10:00am-2:00pm

February 6th & 13th, 2025

10:00am-2:00pm

## Cost

Early Bird Rate, until September 20th, 2024: \$1,525

Regular Rate, after September 20th, 2024: \$1,725

Final Day to register is October 5th, 2024

*CE credits are included in the price of this course for licensed registrants. A payment plan is available. Please contact Annie Monaco for details: [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com)*

## Registration

[Register online here](#). All dates and pre-reading are mandatory. A caseload is required. [Click here](#) to review pre-approval document carefully prior to registering.

## Textbooks

Greenwald, R. (2007). *EMDR Within A Phase Model Of Trauma-Informed Treatment*. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition*. NY: Guilford. (Not included)