

# Playful EMDR Training Solutions

## Integrating EMDR and Play Therapy



### LIVE Online, Interactive Training

By Ann Beckley-Forest, LCSW, RPT-S and Annie Monaco, LCSW, RPT



### Let's Play EMDR: Fundamentals of EMDR with Children in a Play Therapy Setting

January 7th & 8th, 2025  
10:45AM - 3:00PM  
EASTERN TIME  
Beginner/Intermediate



#### Who Should Attend/Pre-Requisite:

Therapists who have completed  
the EMDR Basic Training.

## Why Integrate EMDR and Play Therapy?

The principles and practices of a prescriptive play therapy approach enable practitioners to engage and motivate child clients in the therapeutic process by harnessing the healing power of play. Play therapy enables the therapist to become a trusted part of the child's world. By grounding the therapist in the concept of using play as the process for client learning we can better integrate Shapiro's Adaptive Information Processing and EMDR with play therapy to increase the insights, creativity and innovation of the therapist and make psychotherapy more developmentally appropriate for children.

## Program Instructors

### Annie Monaco, LCSW-R, RPT-S



Annie Monaco is a faculty member of the Child Trauma Institute & Trauma Institute and co-founder of Playful EMDR, an online hub for training and consultation in treating trauma-exposed children. Annie travels throughout the US and internationally providing a multitude of trauma-informed trainings and agency and therapist consultation. Annie is an EMDRIA approved trainer of EMDR,

EMDR consultant and trainer of Progressive Counting.

Annie also provides specialty trainings on attachment, dissociation, and EMDR with children and teens. Annie was a Director of Restorative Justice programs at a non-profit agency where she oversaw juvenile and adult offender programs for over 10 years. Presently her private practice includes a multitude of behaviors and issues including foster care, out of country adoptions, juvenile justice and dissociation. Annie is the co-editor and contributor of chapters for EMDR with Children in the Play Therapy Room, An Integrated Approach (2020).

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### Ann Beckley-Forest, LCSW-R, RPT-S



Ann Beckley-Forest is a Licensed Clinical Social Worker in private practice in Buffalo, New York. Her specialties include attachment and child and adolescent trauma, and she also works with adult survivors. She is certified in EMDR, is an EMDR Approved Consultant and Trainer, a Registered Play Therapist and Supervisor, and an Approved Provider of play therapy continuing education through the Association for Play Therapy.

She provides consultation in person and remotely, and gives trainings across the US and internationally. Her primary interest is in the intersection of play therapy and EMDR and has published on this topic including as contributor and co-editor of EMDR with Children in the Play Therapy Room: An Integrated Approach (2020).

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# Let's Play EMDR: Fundamentals of EMDR with Children in a Play Therapy Setting

This workshop will be held live online via Zoom with opportunity for live Q&A and active, small group participation.  
Post-test required for CE credit.

**Dates:** January 7th & 8th, 2025. 10:45am - 3:00pm EST

**Cost:** \$189

**Who Should Attend:** Must have completed EMDRIA approved basic training.

**Description:** When child and adolescent therapists complete training in EMDR therapy, they sometimes find it challenging to integrate EMDR into their current work and are often looking for ways to deliver the 8 phase EMDR protocol in more developmentally sensitive ways. This workshop will help clinicians integrate Play Therapy principles and EMDR for children to increase the confidence of the clinician and make EMDR therapy possible in a child friendly setting. Children learn best through the tactile/kinesthetic or full body learning of play, thus making the integration of play therapy and EMDR therapy an important component of effective treatment for traumatized children. We will master a variety of preparation phase interventions and explore how to invite children into re-processing phase in the context of their play. We will expose participants to titration of trauma content in using EMDR with play-based trauma narratives using some video examples and discussion of how to respect the child's movement towards and away from the trauma content. Case examples illustrating how to integrate parents into this work will be woven throughout the day.

**Objectives:** Participants will

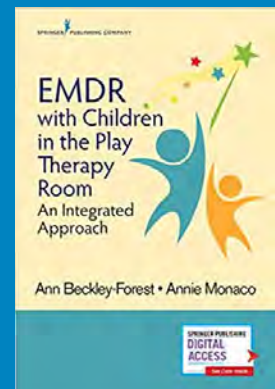
- List 8 essential considerations in integrating the therapeutic powers of play therapy with EMDR for children.
- Apply a play therapy scripted technique for obtaining a trauma history from the child in a developmentally sensitive way during phase one.
- Practice a play therapy intervention to install and enhance positive beliefs and resources during phase two to make the client stronger.
- Select materials and activities to prepare children for the EMDR protocol and notice their own body sensations during play therapy sessions.
- Explain 2 ways of inviting and guiding play narratives that titrate the approach to traumatic material during assessment, desensitization and reprocessing phases.
- Demonstrate a sequence of interventions to involve caregivers in all phases of EMDR.
- Identify 5 prescriptive play therapy activities to promote self-regulation
- Recognize when to directly include parents through the use of a scripted parent interview and inventory.

## Format and Registration

This workshop will be held live online via Zoom with opportunity for live Q&A and active, small group participation. It will be limited to 40 participants and it will not be available as a recording.

Handouts and Webinar link will be sent prior to training. Post-test required for CE credit.

Participants must have completed an EMDRIA approved EMDR basic training. Please register online at: [Upcoming Live Trainings.](#)



## Continuing Education Hours

CE-Classes.com is approved for 8 CEs by:

- The American Psychological Association (APA) CE-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. CE-Classes.com maintains responsibility for this program and its content.
- Florida Certification Board
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 3/31/2025
- The California Board of Behavioral Sciences. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements.
- California Consortium of Addiction Programs and Professionals (CCAPP) Provider Number OS-12-174-0225 Expires 02-2025
- \* The Texas Board of Social Work Examiners – CE-Classes.com meets the requirements for acceptable continuing education. Effective 1/1/24, at least half of the 30 hours must be obtained from a provider listed in 801.261(f). This course meets that requirement.
- \* The Texas Board of Professional Counselors – CE-Classes.com meets the requirements for acceptable continuing education. Effective 1/1/24, at least half of the 30 hours must be obtained from a provider listed in 801.261(f). This course meets that requirement.
- The Texas Board of Marriage & Family Therapists – CE-Classes.com meets the requirements for acceptable continuing education. Effective 1/1/24, at least half of the 30 hours must be obtained from a provider listed in 801.261(f). This course meets that requirement.
- Massachusetts Authorization Number: (TBD)
- Ohio Counselor, Social Worker and Marriage and Family Therapist Board - Approval from a state licensing board for counselors, social workers, marriage and family therapists is accepted by the OH CSWMFTB.
- New York Social Work Board – CE-Classes.com is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0120.
- New York Mental Health Practitioners Board CE-Classes.com, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0260.
- New York Psychology Board CE-Classes.com, Inc. is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0211
- Oklahoma Board of Behavioral Health Licensure (LPCs, LMFTs and LBCs)
- South Carolina - CE-Classes.com is approved by the S.C. Board of Examiners for Licensure of Professional Counselors, Marriage & Family Therapist, Addiction Counselors, and Psycho-Educational Specialists (#4696).
- Illinois - CE-Classes.com is a registered social work CE sponsor by the State of Illinois. License 159.001607 Expires 11/30/2025
- The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2024 Do not send certificates to the Florida Board of Nursing. You must keep this certificate for 4 years.

## Cancellation

No refunds after the start of the program. There will be a \$100 fee for those canceling 10 or fewer days prior to the start of the workshop.

## ADA Accommodations

If you require any support for your ADA needs, please contact at least 3 weeks prior to the event at [playfulemdr@gmail.com](mailto:playfulemdr@gmail.com) Please write "EMDR and Play Therapy" in the subject line of the email.

## Grievances

We are happy to respond to any concerns or questions you may have. Please contact at [playfulemdr@gmail.com](mailto:playfulemdr@gmail.com). Please write "EMDR and Play Therapy" in the subject line of the email.

## Daily Schedule All Times Eastern

Start : 10:45am - 1:00pm

Break : 1:00pm - 1:15pm

End : 1:15pm - 3:00pm

*There is no known commercial support for this program  
There are no known conflicts of interests for this workshop*

- The California Board of Registered Nursing. CEP 15647 Expires 11/30/2024.
- This course is NOT available for NBCC credit
- This training does not offer ASWB ACE credit to social workers.
- 8 CEs for play therapists in skills/methods/special topics are available. This training meets the APT requirements for live webinars. Ann Beckley-Forest is an Approved Provider 15-406. Play therapy credit will not be granted to non-mental health professionals.
- Annie Monaco is an EC Provider (#18007) and this program (#18007-100) is approved for 8 EMDRIA Credits. Eligibility for EMDRIA Credits is restricted to those who have completed an EMDRIA-Approved Basic EMDR Training.
- EMDRIA Credit Approval: #18007-100

Certificates are awarded online after completion of the workshop. Participants print their own certificate after registering at CE-Classes.com, entering a keycode, and completing a post-test and evaluation form. Licensed Professionals should contact their regulatory board to determine course approval.

