

Pre-Approval Information for EMDR Therapy Training: The Complete Course

Annie Monaco, Ann Beckley-Forest and Lisa Prefontaine and Brooke Eaton

Once you read through the entire document, confirm that all dates work for you, then you can register.

EMDR Basic Training course

Thank you for your interest in the EMDR course! This EMDRIA Approved EMDR course (sponsored by the Child Trauma Institute/Trauma Institute) is the full basic package which **includes** the required group consultation hours. We do not charge separate for that part of the training. Consultation hours are integrated into the course and provided during the scheduled training dates. Other trainings may charge extra for the consultation hours but we do not. At the end of the course you can state you are an EMDR Therapist.

If you live out of the United States: We happily take you in our course! Canadians are included under US trainers. Other countries have their own accreditation. But we still get many folks who want to take our EMDR course. Please send an email to emdrbasic@playfulemdr.com to discuss further*.

CEs for the United States: We use Trauma Institute for our EMDR course. The information is attached on the last page. If you are from another country, we welcome a discussion with you about CEs and your country recognizing a US based training. Canadians can take a US EMDR course.

Attendance is mandatory for all dates and times:

For this 8 day workshop, *you must attend the whole training with your camera on and participation is required*. You cannot miss any part of the training and you should make sure that all scheduling conflicts are worked out prior to registering. With an emergency, then we have options to make up the work by paying an assistant or moving you to the next course

EMDR Certification:

Certification takes another 15-18 months and you work with an individual consultant and group consultant or (consultant in training) to obtain certification. We have many options to choose from! Many assistants help with the actual training, so you can get to know them, meet them and decide if they are a good fit!

CE's for the course. We offer 52 CEs through Trauma Institute. If you want to know more about CEs, see the [attached document](#).

Dates/Hours and Pre-Reading before the Course Starts

All dates and hours must be attended. This is a requirement. Practicums are required. You will be using your own trauma history material for practicums. There are pre-readings and quizzes to complete *prior* to the training **which are a requirement** - we send you the book and binder ahead of the class to complete this.

*Those that live outside of the US, an additional mailing fee is added to the cost (approximately \$40-\$50) depending where you live or you can get virtual copies of the book/binder)

To Pass the Course:

You must attend all dates and times

You must complete videos, tests, quizzes and readings

You must have your camera on

You must participate

To be Pre-Approved for the EMDR course:

- You must have 3 years clinical experience in the field
- Your agency must approve you providing EMDR (if you are working for an agency)
- You must have 8-10 clients to utilize the technique while in the course. These do not have to be new clients or a certain stage of relationship in the therapy process. All clients can benefit from trauma therapy and that becomes more clear as you take the course. And clients come and go and so 8-10 gives you options to work with. Most therapists start the interventions with 2 or 3 clients during the workshop. But having a wider variety allows you to pick the best clients to start a new treatment with.
- We teach in the adult model as per EMDRIA standards, and if you are only providing therapy to children, NO PROBLEM, as we show video's of using EMDR with kids and teach you how to do it with children.
- If you are not licensed, then you must be working towards licensure and will need a letter of support from your clinical supervisor. If so, please send this [quick and simple template](#) to your supervisor to write out. Please **complete within two weeks** of registering. This is often overlooked and you cannot start the course without the letter.

Ready to learn? If you have all of these requirements you are free to register at www.playfulemdr.com. Go to "Trainings", scroll down, and click "register".

How to set up a Payment Plan is below.

PAYMENT PLAN: Please read carefully.

Step One: Register online at www.playfulemdr.com. Once clicking "Register" and filling out the form, you will come to a question that asks how you will pay. Click either Paypal/credit card or check.

1. If you choose Paypal/credit card, choose the option that says "PAYMENT PLAN" at the end. This will charge you monthly automatic payments and you will not have to keep track of payment dates.
2. If you click "check", please proceed to Step Two.

Step Two:

Please send an email to emdrbasic@playfulemdr.com to request a payment plan within 12 hours of registering.

- When you email us, please provide 3-4 payment dates. You can decide the amount. It has to be paid **within 30 days of the training starting**.
- Early Bird pricing is included.

Step Three:

There is a \$250 down payment: You have two weeks to secure your spot so please send immediately. Please write the course you are in on your check. (Example: February 2026 Basic). Send to this address as soon as possible:

Playful EMDR
99 Tristan Ln.
Buffalo, NY 14221

If you have a coupon code please deduct the amount from your check and include the code on the memo line.

Step Four:

Make reminders for yourself to send the payments. The payment plan is a courtesy offered to participants and we ask that you monitor your own payment plans. This has become an issue as folks tend to forget. Please set a reminder on your computer or your phone. Every time we receive a check, you will receive a confirmation.

Thank you and remember that the courses fill up fast! We only take a maximum of 50 people per course.